

Podlízavá-Trojke

(Czech Republic)

Trio dance from the Haná region of central Moravia. Podlízavá comes from the verb podlízeti (to creep under), and Trojke refers to a "coachman with two horses."

Pronunciation: pohd-lee-ZAH-vah TROY-keh

Cassette: Dances from the Czech Republic, Stockton Folk Dance Camp 2000 2/4 meter

Formation: One man and two women, each with small scarf in R hand, and with hands joined in triangle with M facing LOD.

Meas

Pattern

2 meas

INTRODUCTION

I. RIDE FORWARD AND BACK

- 1-7 Dance 7 firm gliding polka steps in LOD (W backing up). M start with L, W with outside ft.
 8 M stamp 3 times (R,L,R) (cts 1,&,2); W step in place with 3 well accented steps (cts 1,&,2).
 9-16 Repeat meas 1-8 in opp direction (M backing up).

II. ARCHES, MAN AROUND

- 1-4 W make arch and with 8 small running steps, M passes under the arch and around W on R back to place. W also dance 8 small running steps, 4 in place (meas 1-2), and then W on R turns in place to R and W on L turns in place to L (meas 3-4).
 5-8 Repeat meas 1-4, but with M running around W on L.
 9-16 Repeat meas 1-8.

III. RIDE FORWARD AND BACK

- 1-16 Repeat Fig. I.

IV. ARCHES, WOMAN AROUND

- 1-8 M makes arch with W on R, and W on L runs (8 steps) under arch around M and back to place, M turns in place to R on steps 5-8 while W on R turns to L (meas 1-4). M then makes arch with W on L and W on R runs under arch and around M (meas 5-8); M now turns to L with 4 steps and W on L turns to R on meas 7-8.

V. RIDE FORWARD, NO HANDS

- 1-8 Repeat Fig I, meas 1-8 but with hands on hips (scarves in R hand).

VI. ELBOW TURNS

- 1-4 M hook R elbows with W on R and cpl turn with 8 small running steps, W free hand is on hips, M holds scarf in L. W on L turn to R in place with 8 running steps.
 5-8 M hook L elbow with W on L and repeat meas 1-4, W on R turning in place.
 9-16 Repeat meas 1-8.

VII. RIDE FORWARD, NO HANDS

- 1-8 Repeat Fig. V.

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VIII. GATES

- 1-4 With 8 small running steps and with hands on hips, W on L passes under arch made by M and W on R and back to place. M and W on R run in place with 4 steps and then M turns to R and W to L with 4 more steps.
- 5-8 Repeat meas 1-4, but with W on R passing under arch and with M turning to L and W on L to R.
- 9-16 Repeat meas 1-8.

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